May 2023

Lafourche Parish Schools

			Laiouic	He Falish School
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza Sliced Peaches Assorted Juices	French Toast Sticks w/Syrup Chilled Pineapple Assorted Juices	3 Assorted Cereal Toast, Fruit Cocktail Assorted Juices	4 Sausage Link Toast w/Jelly Pears, Assorted Juices	5 Chocolate Chip Muffin Fresh Fruit Assorted Juices
Hot Dog w/Bun Chili Coleslaw, Steamed Corn Chilled Peaches Cookie	Baked Chicken Parsley Rice, Garden Salad Steamed Sliced Carrots Hot Roll Orange Slices	Meat Sauce w/Whole Grain Spaghetti Steamed Broccoli w/Cheese Garden Salad, Whole Wheat Roll Pineapple Tidbits	Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Whole Wheat Roll Mixed Fresh Fruit Salad	Grilled Cheese Sandwich Oven Fries Steamed Mixed Vegetables Blushing Pears Cookie
Pancakes or Waffles w/Syrup Pear Halves Assorted Juices Hot Dog w/Bun Chili Coleslaw Peaches Cookie	9 Sausage Biscuit Peaches Assorted Juices Chicken Strips Bun Raw Veggies w/Ranch Dressing Chilled Pears	Toaster Pastries Fruit Cocktail Assorted Juices Hamburger w/Bun Lettuce/Tomato/Pickle Slices Steamed California Vegetables Chilled Pineapple w/Cherries Cookie	Breakfast Pizza Pineapple Assorted Juices Meat Pie Tossed Salad Corn Fresh Fruit	Donut Apple Assorted Juices Pizza Tossed Salad Oven Fries Blushing Pears Pudding
Muffin Sliced Peaches Assorted Juices Fish & Cheese w/Bun Fries Lettuce/Tomato/Pickle Slices Peaches	Breakfast Pizza Applesauce Assorted Juices Hamburger w/Bun Fries Lettuce/Tomato/Pickle Slices Blushing Pears Cookie	Sausage Biscuit Fruit Cocktail Assorted Juices Chicken Nuggets w/Bun Tossed Salad Steamed California Vegetables Chilled Pineapple w/Cherries	18 Pancake On A Stick w/Syrup Pears Assorted Juices Meat Pie Tossed Salad Corn Fruit Cocktail	French Toast Sticks w/Syrup Fresh Fruit Assorted Juices Individual Pizza Oven Fries Blushing Pears
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memorial	BREAKFAST PRICES: Elementary CEP Middle CEP High \$1.60 Reduced \$0.30 At Cost \$3.25 Choice of milk is offered with every meal.	LUNCH PRICES: Elementary CEP Middle CEP High \$2.10 Reduced \$0.40 At Cost \$5.00 Menus are subject to change as needed.	EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50 Entrees: Elementary \$1.25 High \$1.50	

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